

# YORKSHIRE DALES BRANCH

## Sunday 18th April

### Fewston and Swinsty reservoirs

Staggered start 9.30.to 11.30

- Teams, family groups and dogs (on leads) welcome
- Entrance fee £5 for adults, £2 for children 12 and under

Registration forms are available from:

**Anne Pratt**

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**Jennie Kimpton**

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# WALK



Sponsored by



Unit 15, Kettlestring Lane,  
Clifton Moor, York YO30 4GT  
Tel 01904 477710

## 8 miles West of Harrogate and 8 miles North of Otley

Car parking and toilet facilities at Swinsty Moor.

Swinsty offers a 1 mile circuit which is wheelchair friendly. A 2.5 mile circuit is suitable for motorised wheel chairs. Fewston is 3.9 miles. The 2 walks can be combined.



Motor Neurone Disease (MND) is a fatal illness that leaves people unable to walk, talk or feed themselves. However, intellect is usually unaffected.

Around 5,000 people are living with MND in the UK today. In the UK at least 5 people a day die from MND.

*All sponsor money goes to provide support for those people living with MND in the Yorkshire Dales area or to fund research.*

Registered Charity No. 294354