

Message from your Chairman



How time flies and it only seems a day or two have passed since I was writing my message for the last issue of Chatter!

The summer is over but not before we were present at the Ripon Old Cars, Classic Car Gathering where the amount of vehicles on display was quite phenomena and I don't think any of us actually managed to get round the complete show. We were suddenly aware of the presence of a white figure at our gazebo which turned out to be The Stig who was about to commence his own tour of the show and happened to make us his first port of call. Geoff managed to take a snap, but of course we were unable to get a word out of him! The Ripon Old Car Club managed to raise the tremendous figure of £15,000 on the day and the Branch, being the principal beneficiary, was donated almost half. Our thanks to Phill, Hazel and co. from the Club for all their efforts, and we have been invited back to next year's event as a continued awareness presence.

Events coming up are a lunch social on 12th October and of course the Christmas Lunch on 14th December.

I must end on a sad note as we were recently informed of the passing of Freddie Briggs who many will remember as an active member of our Branch, turning up to many events on various types of motor bike and of course entertaining us (and members of the West Yorkshire Branch) at our Christmas 'Musical Extravanzas (see copy of a poster which follows). He in fact died some while ago and we were only alerted by the receipt of a very large bequest he had made to the Branch. Thanks, Freddie, and we retain some very fond memories of you and your wife (who was a victim of MND).

Peter Thompson

Local Fundraising

Recent monies have included, as mentioned above, nearly £23,000 from the estate of Freddie Briggs; £6000 from the Classic Car Gathering at Ripon and £200 from Fearby and District Pantomime.

A very kind lady entered a competition on our behalf and won us a prize of £50 from Making a Difference. We have also had several donations in memoria, totally just over £600.

Peter Wallis, pictured on the right, who sold golf equipment to raise funds for the Association sent in cheques totalling just over £160 earlier in the year. Over the years he has raised large amounts of money – over £1200 in 2015-16 and over £1300 in 2014-15. We don't have enough old files to be absolutely certain but think in total he must have raised over £15,000.

Unfortunately he lost the use of the premises in Malton he was using but he is working with the new group in York and we wish him and them well well.



A Few Snippets from the National Website

In Partnership: The Association has formalised its partnership with the British Dietetic Association (BDA), the only body in the UK representing the whole of the dietetic workforce. The new partnership builds on the excellent working relationship that we have formed with them. The agreement, signed by Sally Light and the BDA Chief Executive, Andy Burman, lays out our commitment to joint working, in the first instance, up to 2020 and establishes primary contacts in each organisation.

Dietitians have an important role, advising on suitable diets to help maintain weight and develop longer term nutrition plans. This is a great opportunity for us to work even more closely with this key group of health and social care professionals to the benefit of people affected by MND.

New Online Module for Nurses: The MND Association and the Royal College of Nursing are delighted to announce the launch of a new online module. This new resource will support the development of good practice, aiming to improve the quality of care and support for those living with the devastating consequences of a diagnosis of MND. It will also increase awareness of the role of the MND Association and enable understanding of the need for a timely, co-ordinated, multi-agency approach.

The module aims to ensure that, after completion, participants will:

- have an improved understanding of what MND is, and the red flags for its diagnosis
- have increased awareness of the symptom management and treatments that are available
- appreciate the importance of coordination and a multidisciplinary approach to achieving good care for people living with MND
- recognise the importance of keeping and sharing accurate records with your colleagues in the multidisciplinary team
- have explored the importance of advance planning and timely support for changing symptoms
- have considered the impact of a diagnosis of MND on a person and their family and carers
- know how to look after themselves as professionals when nursing people with MND
- know where to go for further information.

The module comes after a series of successful joint lectures held throughout 2015, and is an indication of the continued commitment by the two organisations to work together. The module will sit within the RCN learning resources area as part of the college's continuing professional development offer. It can be accessed from the RCN website by any user and there is a direct link to the modules from the Association within the Professionals section.

New Genetic Discoveries for MND: Exciting research has been published revealing a greater understanding of potential causes of motor neurone disease (MND). The scientific journal *Nature Genetics* has published two research papers detailing specific genes that may increase the risk of a person developing motor neurone disease. Much of the research was funded through money raised by the **Ice Bucket challenge** – demonstrating that as well as raising awareness of the condition the money raised can make a real difference in helping our understanding of possible causes.

Sally Light, Chief Executive of the MND Association, said:

“Motor neurone disease is a devastating disease and kills more than half of people within two years of diagnosis. It's fantastic that the money raised globally from the Ice Bucket Challenge has contributed towards the discovery of this new gene.

“It's another step towards understanding so much more about what is such a complicated disease. A huge thank you to everyone who poured iced water over their heads; their support is really making a difference in our fight against MND.”

You can read more detail about the research and its findings on our **Research blog**.

If you can get online then follow this link for many more interesting news items
<http://www.mndassociation.org/news-and-events/latest-news/>

A memory of our friend Freddie

Musical Extravaganza



The West Yorkshire Branch and The Yorkshire Dales Branch warmly invite you to a Musical Extravaganza at Old Pool Bank Village Hall Sunday 19th November 12.00pm – 5.00pm

Starring Freddie Briggs



and The Harrogate Choral Society A Cappella Group

Raffle

Tombola

Quizzes

MND Goods

Lunch will be served at 1.00pm and afternoon refreshments will be available.
Free Car Parking.....Wheelchair Access.....Accessible Toilets



Local Contacts: Sue Starkey 0113 2818229, Kath Sailes 0113 2619341, Anne Pratt 01423 867017



FIGHTING MOTOR NEURONE DISEASE

Registered Charity No. 294354

Their Grand Day Out



Peter and Margaret Thompson, accompanied by Geoff Catley set out early on 24th July to enjoy the Classic Car Event in Ripon

Here are Peter and Margaret with the celebrity guest!

Photo of the cheque presentation in the next edition!

Invite your MP to the MND Parliamentary Reception

Take part in the new e-action and invite your MP to attend our parliamentary reception on 18 October 2016. You can help us raise awareness of MND with MPs, as well as giving MPs the opportunity to meet their local Branch or Group and people in their constituency living with MND. We also want to use this opportunity to secure the support of MPs for our **campaign to protect Attendance Allowance**, (a disability benefit for over 65s) from Government proposals to change the benefit. Last year's parliamentary reception was very successful with 77 MPs coming to the event, but this year we want to beat that number.

You can invite your MP to attend by using the following link

<http://e-activist.com/ea-action/action?ea.client.id=1871&ea.campaign.id=55527>

Winners of recent 200 Club draws

Sorry that we forgot to let you know these in the last edition, winners so far

April 2016 - Jane

May 2016 – Liz Burnley

June 2016 - Viv Hainsworth

July 2016 – Simon Benyon

August 2016 - Hazel Wagstaff

September 2016 – Julie Thompson

Dates for Your Diary

The next **Social Lunch** will take place at The Old Spring Well, Skipton Road, on **12th October 2016**

The **Christmas lunch** will take place at Millstones Restaurant on **14th December 2016**

And of course on the **first Tuesday** in the month are the monthly get-togethers at Christian's Cafe in Crimple Hall on Leeds Road, Pannal (2pm – 4pm).



Here are a few of the gang who enjoy lunching out!

Branch Website and other Information

Please let us know if you would like to publish something on either our facebook page

<https://www.facebook.com/MNDYorkshiredales> or our website www.mndyorkshiredales.co.uk .

Or perhaps you might like to contribute to Chatter? We would be delighted to publish items from

Members in the next edition, just send your article to Ruth Pridmore

(if you don't have email then give her a ring and she will let you have her address).

Can you help us save money by sending you paperwork by email instead of the Royal Mail?

If you have an email address just let Ruth know and she will add it to the database.

Branch Contacts

Chairman, Peter Thompson – 01423 870130 chair@mndyorkshiredales.co.uk

Secretary, Ruth Pridmore – 01423 530764 secretary@mndyorkshiredales.co.uk

Treasurer, Geoff Catley - 01423 870143 treasurer@mndyorkshiredales.co.uk

Branch Contact, Margaret Thompson – 01423 870130 margaret.thompson730@ntlworld.com

National Contact Information

www.mndassociation.org

MND Connect – 03456 626262