

MESSAGE FROM YOUR CHAIRMAN



This edition of Chatter highlights that so far this year we have been able to award grants totalling over £8000 to applicants in our area who are living with MND, including carers and families.

In the past six months alone, we have awarded grants for the following purposes: covid emergency grants of £250 each; grants for camps and brief breaks for children; grants for the provision of stair lifts, shower units and wheelchairs, and for decoration.

We respond quickly to all applications sent to us by MND and try to approve them all. It is gratifying and humbling to receive lovely messages of thanks. It is clear these grants can and do make a real difference. I thought you might like to read extracts from some of the messages.

'Receiving a grant has made a difference because I have been able to purchase a shower control that has a dual outlet, which will make my life easier when showering. It will enable me to rinse the difficult access parts, whilst retaining some dignity. I can't thank you enough for your kindness and support. It means a lot. Thank you.'

'Thank you so much for the grant, and I am most grateful. The speed with which you acted meant I could have my stairlifts straightaway and this has made my life so much easier and enabled me to stay in my own house.'

'Thank you very much for the £500 grant I received ...to restore my home to pre MND condition. Manoeuvring an electric wheelchair ... resulted in some significant damage to paint and woodwork.....I am still in the early stages of adapting to my new life without my lovely husband ... thank you again for the grant, it is very much appreciated.'

As I write, we have just heard that the Linden Trust, a charity based in our area, has again awarded us a grant of £2000, as last year. To all our donors: thank you from all those who have thanked us. You have made it possible.

Finally, thank you to The Harrogate Society of Magicians and our long- time supporters the Pannal Village Hall Committee for putting on what promises to be a highly entertaining evening of magic, mystery and illusion on 26 November in support of MND. Tickets are selling fast, so don't delay!

As ever, we shall be delighted to hear from anyone interested in joining either our committee or our fundraising team to help with care support or fundraising.

John Pike, Branch Chair

HE IS AT IT AGAIN! #Ultra7in 7

When Kevin Sinfield completed his first challenge back in 2020, the Association was overwhelmed by the support of the MND community, with over 400 people taking on their own 7 in 7!

This time he will run from Edinburgh to Manchester via Melrose, Newcastle, Middlesbrough, York, Leeds and Bradford in seven days running over 60km per day. Starting on Sunday 13 November at Murrayfield and finishing at Old Trafford at half time in the Rugby League World Cup men's final on Saturday 19 November.



In support of Kevin the Association introduces **7 in 7 : Reloaded**. Choose your distance and complete seven runs, walks or bike rides' over seven consecutive days. You could run a mile every day, 77 miles over 7 days or 7k a day – it's your challenge, your choice.

Kevin Says “One of the incredible things about the challenges I've completed so far, is the way they've inspired other people to take on their own challenges. I really hope this one does the same. It doesn't matter if you run or walk, do 7 miles or 70. The most important thing is getting involved, supporting families affected by MND and funding vital research. The impact we make as individuals might be limited, but when the MND community gets together we can really make a difference and change the story for people diagnosed with MND in the future.”

Sign up and you'll receive a #TeamMND running vest or t-shirt, as well as lot's of support from the Association's fundraising team. You'll also be able to claim your very own 7 in 7 : Reloaded medal if you raise over £77! You can register here <https://www.mndassociation.org/get-involved/fundraising/fundraising-events/7in7/register/>

ALSO

MND Association Patron Kevin Sinfield OBE has been named 'Celebrity Fundraiser of the Year' at a ceremony dubbed 'the most inspiring night of the year - the JustGiving Awards 2022 held on 10th October - in recognition of his incredible fundraising feats inspired by former Leeds Rhino's teammate Rob Burrow, who was diagnosed with MND almost three years ago. Kevin has already raised around £5 million towards the fight against MND with his first two challenges – **7 in 7** and **The Extra Mile**.

Kevin wasn't able to attend the ceremony hosted by Radio 1's Vick Hope and Jordan North, so MND Association Regional Fundraiser Jenn Scribbins and a representative from Leeds Rhinos collected the award on his behalf. **Jenn said:** “I've been working with Kev and his team for almost three years and I know how much work, effort and determination they all put into organising these amazing challenges. It was an absolute honour to pick up the award for Kev, which recognises the difference he has made, and will continue to make, to the MND community.”

Also recognised at the awards were Stuart Bates and Charlotte Nichols – known as Spennylympics. The pair were shortlisted in the Fundraising Team of the Year category after raising a staggering £155,000. They completed 80 Olympic events in 17 days during the Tokyo Olympics, in memory of Stuart's brother Spencer who died of MND. **MND Association's Director of External Affairs Chris James said:** “People like Kevin, Stuart and Charlotte are inspirational. Through their efforts they give hope to the MND community and for that we cannot thank them enough. We are absolutely delighted their amazing efforts have been recognised with nominations – and in Kev's case a win – in these prestigious awards.”

A VISIT TO FARNLEY HALL



On a sunny afternoon in July a small group of Branch supporters and friends visited Farnley Hall, near Otley. The Hall, which has been a family home for hundreds of years and has connections with the painter J M W Turner, sits on a hillside overlooking the Wharfe Valley with marvellous views.

The owner gave us an interesting tour of the Georgian wing which was designed by John Carr of York - who also designed Harewood House and many other buildings.

All the rooms had amazing plasterwork on their ceilings, lovely views from the windows and wonderful pictures on the walls including by Turner and. It was fascinating to see the pictures and how local places we recognised had looked in the eighteenth century.

The tour was followed by a welcome cup of tea with a piece of cake and on leaving some of the party explored an amazing very large weeping beech tree in the grounds. Many thanks to Guy, the owner, for showing us round and for his support of our Branch of the MND Association - it was a privilege to see his home and we all greatly enjoyed our visit. For more information about the hall visit <http://farnleyhall.co.uk/index.html>

OH, OH, OH IT'S MAGIC

We are delighted that Pannal Village Hall have organised an Evening of Magic to raise funds for the MND Association

Tickets are just £10 and are on sale from Ticket Source by following the link below

(please note there is no supper so do eat before you come!)

<https://www.ticketsource.co.uk/whats-on/harrogate/pannal-village-hall/an-evening-of-magic-mystery-and-illusion/2022-11-26/19:30/t-lnnqjip>

and they are selling fast!

We hope to see you there

THE HARROGATE SOCIETY OF MAGICIANS PRESENTS,
IN COLLABORATION WITH THE PANNAL VILLAGE
HALL COMMITTEE AND IN SUPPORT OF THE MOTOR
NEURONE DISEASE ASSOCIATION



An Evening of Magic, Mystery and Illusion



(WITH SOME MIND READING THROWN IN!)

SAT 26TH NOVEMBER - 7:30PM

COME AND CELEBRATE THE 75TH ANNIVERSARY OF THE HARROGATE SOCIETY OF MAGICIANS WITH AN EVENING FULL OF COMEDY, MYSTERY AND A MIX OF CLASSIC AND MODERN MAGIC, ALL IN SUPPORT OF THE MOTOR NEURONE DISEASE ASSOCIATION.

PANNAL VILLAGE HALL, HARROGATE, HG3 1JJ
DOORS OPEN AT 7:00PM. TICKETS ONLY £10!
NOT SUITABLE FOR UNDER 13'S.
MAY CONTAIN FLASHING LIGHTS.





FUNDRAISING UPDATE

We are so grateful to the many people who support our branch with fundraising as this enables us to continue to make grants to people living with MND and make their lives a little less challenging. So far in 2022 we have donated over £8000 in grants.

As we go to press we acknowledge with thanks a donation of £2000 from the Linden Trust. We must put on record our thanks to Balby and Osgodby Town Council who sent us a donation of just over £500 as a result of their Jubilee Fun Day.

We also thank a lovely lady called Margaret who has held coffee mornings and made marmalade and sent us in the region of £400. One of our Branch Committee does gardening work which has resulted in a donation of £200 and our ever successful Swing into Spring held earlier this year raised in the region of 600 for the Branch.

We must also say thankyou to those who have sent such generous donations in memorium.

Finally, not forgetting the monies from the Local Lotto, if you would like to join in then please have a look at the website and buy some tickets!

<https://www.thelocalotto.co.uk/support/motor-neurone-disease-association>

WINNERS OF RECENT 100 CLUB DRAWS

Many thanks to all who have joined our 100 Club again. You can still join if you want but we have already drawn the first few prizes and these have been won by.

April - Ruth Paynter

May – Dave Seaman

June – Helen Clark

July - Rosemary Pike



If you would like to join in then get in touch with our Secretary Ruth and she will sort you out with a form. Each number costs just £20.

BRANCH WEBSITE AND OTHER INFORMATION

Please let us know if you would like to publish something on either our facebook page <https://www.facebook.com/MNDYorkshiredales> or our website www.mndyorkshiredales.co.uk

Or perhaps you might like to contribute to Chatter? It would be lovely to publish something from one of our members - just send your article to Ruth Pridmore

Can you help us save money by sending you paperwork by email instead of the Royal Mail? If you have an email address just let Ruth know and she will add it to the database.

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